



SPECIAL POINTS OF INTEREST:

- BP Centre +15 Renovation
- Jamieson Place Update
- Community Involvement
- Waste Reduction Week
- Wellness Tip
- BOMA BEST
- Fire Evacuation
- ClixFIX Flyer



NEWSLETTER

Fall 2009

BP Centre +15 Renovation

+15 Renovations

Bentall is pleased to announce that construction on the Plus 15 level is well underway with the initial demolition of the west side of the building. Construction is being completed in three phases with the first phase involving the construction of the brand new Tim Hortons space in the northwest corner. Completion of construction on the west side of the building is expected to be complete in December with Tim Hortons opening in their new location on December 15, 2009.

Phase 2 of construction will start demolition of the east

side of the building allowing us to start building out spaces for our brand new food services tenants. We will be welcoming a total of seven new service providers into the building including Thai Express, Good Earth Café, and Jugo Juice. As lease negotiations are finalized with the remaining tenants, we will be announcing their arrivals on the "Coming Soon" board on the +15 level.

The third phase of the project consists of upgrading the seating and finishes on the north side of the building. This last remaining phase of the project is expected to be completed in March of 2010.

We look forward to offering you a wider selection of food services on the Plus 15 level. Should you have any questions about this project, you can direct them to Michael Cole, Property Manager, at 403-303-2443.



Jamieson Place Update

September 2009

As of December 1st, 2009, Jamieson Place will be ready for occupancy. This project is a welcomed addition to Bentall LP's downtown portfolio and will be a unique landmark in the Calgary skyline.

When complete, Jamieson Place will be an 829,000 ft², 38 storey, "AAA" office tower with vertical blue lights that will run the full height of the building's exterior into a lit glass spire. The main level will feature a

restaurant with opportunities for retail, while the +15 level will feature a public Winter Garden which can be accessed via a +15 bridge connection, which is now under construction, from BP Centre.

Bentall LP would like to thank our tenants for their understanding and patience throughout the construction of this project.



Community Involvement



A new study reveals that blueberries are a super food and can protect the brain from the effects of premature aging!

*"Nothing contributes so much to tranquilize the mind as a steady purpose— a point on which the soul may fix its intellectual eye."
-Mary Shelley*



Second International Scout Group

In an effort to partner Livingston Place with local non profit organizations, Livingston Place has partnered with SerVantage and Scouts Canada. All funds received from recyclables are kindly donated to the Second International Scout Group located here in Calgary. The Scouts make their way to Livingston Place each month to sort through and transport recyclables to a bottle depot.

The Group Sponsor Scouter, Scotty Beaton has written a letter of "thanks" to the tenants of Livingston Place:

"From January 1st of this year to date, we have collected bottles amounting to funds beyond our expectations. These funds have been put into the group treasury and we sincerely appreciate being able to provide a service to Livingston Place and to receive a tremendous financial boost for the effort." Bentall LP thanks you, the tenants, for your efforts in recycling; not only are you helping to make a difference in reducing waste, but you are helping a non profit organization with your actions.

Connections Counselling & Consulting Foundation

On October 22nd, Connections Counselling will be holding a fundraising Massage Therapy event. Between 10am and 3pm, the Livingston Place +15W level will host 4 massage therapists with standing chairs who will accept donations for 20 minute professional massages. All donations will go to Connections Counselling.

This massage event has been held previously in downtown Calgary office buildings and is known to be a smash hit! Be sure to schedule your massage when more details are released.

Waste Reduction Week, Oct 19-23

Waste Reduction Week is fast approaching and Livingston Place has some interesting events prepared for you! You can reduce the amount of paper used in your office by following these small guidelines.

Use all paper on two sides, whenever possible, by:

- Increasing two-sided copying
- Printing rough drafts and informal memos on the unused side of paper that would otherwise be thrown out (draft paper)
- Loading laser printer paper trays with draft paper
- Reusing draft and com-

puter paper for notes and scrap paper

Come and join us for pizza and popcorn while viewing the movie "Strange Days". We will only be accepting the first 40 people to sign up – for more information please visit the website www.livingstonplace.com or contact Reta Labiuk at 403-716-2003 or rlabiuk@bentall.com when the tenant notice has been sent.

Wednesday, October 21st: Styrofoam Recycle Roundup: Please bring down any recyclables you have to the Recycling Centre on P1 between 8:00am

and 10:00am. For one day only we have arranged to recycle Styrofoam – if you bring down any Styrofoam during the Recycle Roundup you will receive a free eco-friendly gift!

Keep your eyes open for more information and details on the upcoming Waste Reduction Week. Livingston Place will provide you with notices, posters and links so get ready to participate! For more information on Waste Reduction Week, visit the website at www.wrwcana.com.

Wellness Tip from Dr. Chong

"HELPING YOU ACHIEVE YOUR HEALTH AND WELLNESS GOALS, NATURALLY."

At the CENTRE FOR CHIROPRACTIC CARE we take a modern vitalized approach to health and wellness respecting one's own body's innate intelligence and ability to heal without the use of drugs or surgery. We will do our best to help you get well and stay well. We utilize the most effective chiropractic techniques, combine exercises, lifestyle management and timely advice to help you feel well and look great.

From Dr. Chong:

"**Live Fresh!** ...is my simple yet meaningful action statement that I coined to express my desire to awaken people to live their lives in a fresher and newer way than they have been living. Fresh air, fresh food,

fresh water and fresh experiences are certainly key ingredients for healthy living. So why not **Live Fresh!** Positive, inspired personal health choices are powerful motivators to awaken and renew one's desire to live and exceptionally healthy life, not simply in a stagnant state of existence. Living fresh calls upon our powerfully innate human spirit to strive for an uncommonly higher state of being, in all areas of one's life. I have long embraced this **Live Fresh** motto as my personal challenge and affirmation to strive to be as healthy as I can be under all circumstances. This goal has been a conscious choice: to desire to be, do and have the healthy life that I desire. As I have observed from years of practice, it is the quality of the ingredients of life that determine one's overall quality of life experience and it is not for me to judge the nature of

the recipe. **Live Fresh!** ...is a call to action for a healthier, more vital YOU. My goal is that your desire to experience more from your life than "the usual" is met with equal care and personal attention at CENTRE FOR CHIROPRACTIC CARE."

Watch for upcoming "lunch and learn" seminars by Dr. Alan Chong, Director Centre for Chiropractic Care and Massage, Main floor, BP Centre. For questions or a consultation please call us at (403) 237-5200.

At Centre for Chiropractic Care, find out more about **Live Fresh!** at www.centreforchiropractic.ca.



Did you know?

Including sources of soluble fibre in your diet can help to reduce cholesterol levels. Food sources of soluble fibre are apples, pears, psyllium, oatmeal, corn bran, barley and legumes (beans).

BOMA BEST

Bentall LP is extremely pleased to announce that Livingston Place has received the BOMA BEST Level 3 certification. The BOMA BEST program is a national environmental recognition and certification program for commercial buildings in Canada. It was designed, developed and is administered by BOMA (Building Owners and Managers Association) Canada and BOMA Calgary and is the next evolution of BOMA Canada's Go Green program.

BOMA BEST Level 3 certification is for buildings that meet all of the BOMA Go Green Best Practices and achieves 80-89% on the Go Green Plus assessment.

Buildings at this level of certification have higher performance and demonstrate excellence in management. Level 3 buildings typically have been managing with energy and environmental performance in mind for several years. Management in these buildings is usually forward-

thinking with flexibility to pursue environmental initiatives.

This certification demonstrates Bentall's and our tenants' commitment to environmental stewardship and our objective of reducing energy consumption, operating costs and improving waste management.

Should you have any questions or would like more information, contact Michael Cole, Property Manager at 403-303-2443 or mcole@bentall.com.



Pinnacle Award



Bentall recognized by industry peers for Customer Service programs

On Wednesday, September 23rd, the operations and management team for BP Centre and Livingston Place was awarded the National PINNACLE Award for Customer Service at the national BOMA Conference (Building Owner's and Management Association). An acronym for Promoting Innovation and Commitment to Long term Excellence, the PINNACLE Awards recognize innovation, teamwork, outstanding service and commitment to tenants.

We are very pleased to receive recognition from our peers for the efforts of our staff and the programs provided both locally and through Bentall's National Real Estate Services group. This reinforces our ongoing commitment providing first class service to our tenants and their employees.

Bentall was also awarded the Pinnacle Award for Innovation for Bentall's Online Risk Information System (BORiS), our state-of-the art proprietary environmental risk management system. This program allows all of our properties to track environmental reports, incidents and site conditions on a web based platform.

The Pinnacle Award is a great achievement and is a reflection of the collective efforts of every member of the operations and

management team. One of our key commitments is to ensure that we continue to listen to our tenants and your feedback is always appreciated.



One of the deep secrets of life is that all that is really worth doing is what we do for others.

-LEWIS CAROL

Fire Evacuation

The scheduled, Annual Building Evacuation Drill was conducted on September 17th, at 11am. The Calgary Fire Department Fire Marshall was on site and monitored the drill.

OBSERVATIONS

1. People on the +15 level and ground floors tended to linger and continue conversations instead of immediately leaving the building upon hearing the evacuation tones. These people had to be told to leave.
2. A large number of staff were observed (via CCTV) walking down the stairwell side-by side and talking. Fire

- Wardens were observed not to be taking action to correct this short-coming.
3. Five floors failed to report to the Security Desk to declare their floor clear.

FIRE WARDEN TIP

Fire Wardens should confiscate cups from staff when entering the stairwell on each floor. This eliminates the hazard of spillage and keeps hands free to grasp the railing while descending the staircase.

FINDINGS

The Fire Marshall was very impressed

with the overall conduct of the evacuation drill, excluding the observations noted above. BP Centre was awarded a "very well done" as the evacuation was completed in 21 minutes (45 minutes warrants a passing grade). He specifically mentioned the care tenants were exercising when crossing 3rd and 4th Avenues to the muster points.

Bentall Security would like to thank everyone for their co-operation and assistance in completing this required building evacuation exercise.

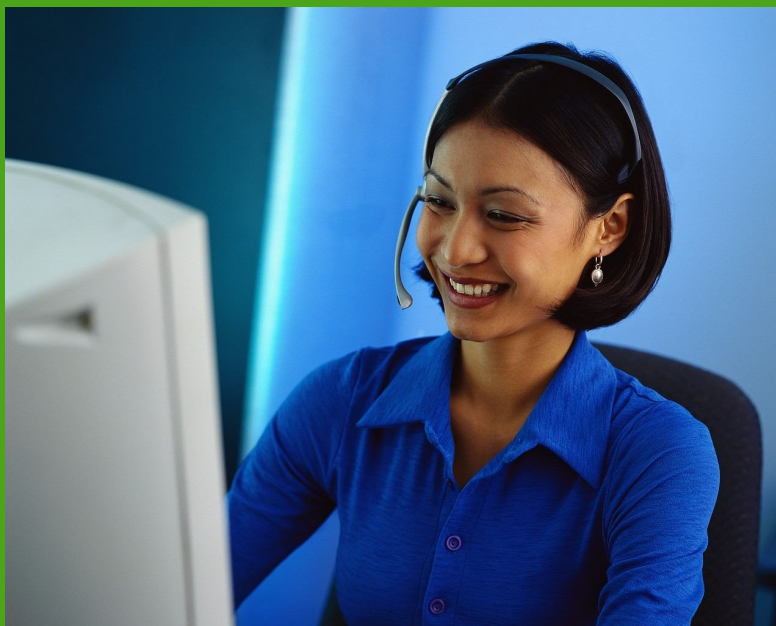


Bentall

ClikFIX...

Bentall's Tenant Service Contact Centre

- Lighting & Electrical
- Security • Plumbing
- Heating & Air Conditioning
 - Fire & Life Safety
- Housekeeping • Parking
- Construction • Recycling
 - Shipping & Receiving
 - Landscaping
 - Moves • Locks
- Repairs & Modifications
 - Leasing Inquiries



ClikFIX is Bentall's tenant service contact centre.

Designed to make it easy for you, ClikFIX provides a central resource for your service needs.

You can either phone, email, or simply "Clik" and log your service request online.

ClikFIX personnel are available 24 hours per day, 7 days a week to receive your request.

Placing a service request is easy with ClikFIX. Regardless of the size of your space or type of property you occupy, we are here to serve you.

Whether it's on-line, by phone, or email, ClikFIX can take care of all your service needs.

1-866-ClikFIX (254-5349)

Web: www.clikfix.com E-mail: service@klikfix.com

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Our foundation is
service